

VBS

CHEW CHEW SNACKS

Please prepare the ingredients for your child(ren) to participate everyday at 3:20pm:

- Feel free to substitute any ingredients for your convenience or to suit your kid's taste.
- Tools: a cutting board, a big plate, a plastic knife, a pair of safety scissors, a few blank sheets of paper, a marker (colour of your choice)
- Cut & prepare the fruits & other ingredients for your kid(s) according to the pictures below will definitely help the kid(s) to finish the task independently anywhere at home.

lbcvbs@gmail.com

VBS

SNACKS INGREDIENTS

Please prepare the ingredients for your child(ren) to participate everyday at 3:20pm:

Monday

Jesus' power helps us do hard things

- a small oval bun of your child's choice
- a thin slice of ham
- a slice of cheese
- a piece of nori (dried seaweed)
- a mandarin orange (optional)
- fruits of your choice for garnish (optional)



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SNACKS INGREDIENTS

Please prepare the ingredients for your child(ren)
to participate everyday at 3:20pm:

Tuesday

Jesus' power gives us hope

- 2 slices of bread without crust
- butter or any spread of your choice
- ham or salami or pepperoni
- orange wedges
- a few grapes or berries (or fruits of your choice)
- a few toothpicks



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SNACKS INGREDIENTS

Please prepare the ingredients for your child(ren)
to participate everyday at 3:20pm:

Wednesday

Jesus' power helps us to be bold

- a few cooked hotdog wieners
- a few raisins
- a few round crackers
- fruits of your choice for garnish (optional)
- a few toothpicks



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SNACKS INGREDIENTS

Please prepare the ingredients for your child(ren) to participate everyday at 3:20pm:

Thursday

Jesus' power lets us live forever

- a small bowl of cooked Japanese rice
- a piece of nori + a small piece of ham
- soya sauce/oyster sauce (optional)
- sesame oil or any cooking oil
- some froot loops



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SNACKS INGREDIENTS

Please prepare the ingredients for your child(ren) to participate everyday at 3:20pm:

Friday

Jesus' power helps us be good friends

- a few slices of bread (1 for each family member)
- peanut butter, Nutella or any spread of your choice + a piece of cheese
- banana, kiwi, berries or any fruits in your fridge



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